



Beyond Limits

Improving Lives using Individualised (Health) Budgets



Beyond Limits

- ▶ 3 year project with NEW Devon CCG formerly NHS Plymouth
- ▶ Personalising Commissioning
- ▶ Using Individual Service Funds
- ▶ Using Individual Service Design & Working Policy
- ▶ 20 people currently in Hospital usually out of area, often 100's miles from home
- ▶ 4 people were in Winterbourne View
- ▶ Winterbourne View giving impetus in England to close (often private) hospitals
- ▶ Scotland must not follow the route of private or other institutions as a solution to challenging behaviour
- ▶ It is abusive and disables people with the potential waste of £millions



Out of Area Placements

'People often end up in expensive out of area placements because local systems have not the flexibility to develop suitable personalised responses. This leads to people being over-supported and cut off from their own communities. There are currently 10,000 people with mental health problems supported in out of area placements and research suggests at least 5,000 of these are without significant clinical justification. The use of individual budgets as part of intentional programme to bring people back to their own communities with personalised support could save £100 million a year.

Vidhya Alkeson & Simon Duffy 'Health Efficiencies - the possible impact of personalisation in Healthcare ' 2011



The People involved

- ▣ All have been abused, physically or otherwise
- ▣ Have moved between 6-25 Institutions
- ▣ Youngest 26 Oldest 56
- ▣ First admission to an Institution aged 14-22
- ▣ All on MHA Section for between 5-14 years
- ▣ Most have moved to more and more secure accommodation as they have fought the system
- ▣ All families have felt loss of control, marginalised and physically unable to stay in touch
- ▣ All people have the same hopes and dreams as all of us



A Story (then)

- Aged 30
 - 25 different placements furthest was 349 miles away from home
 - Went through Criminal Justice System
 - Sectioned for 6 years
 - Physical Intervention from aged 17
 - Family seen as a problem
 - She was seen as a big problem
 - Always wanted to come home to be part of family
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Now

- ▶ Part of the family (highs and lows!)
- ▶ Has own home
- ▶ Is involved in most aspects of running her service including employing staff
- ▶ Health problems stable
- ▶ Regularly travels to visit friends
- ▶ Been to several pop concerts
- ▶ Has had Ice skating lessons
- ▶ Goes clubbing (did not do this for 11 years previously)
- ▶ Engaged to her boyfriend
- ▶ Says she never wants to go back to Hospital
- ▶ Service costs reduced by £20k already



There is a message to be spread

- ▶ Lots of similarities and problems are the same as we face up here
- ▶ Beyond Limits is based on the way we work at Partners for Inclusion
- ▶ Partners for Inclusion and Beyond Limits will work together to spread this message nationwide
- ▶ Beyond Limits and Partners may share some services such as finance, HR etc. from time to time
- ▶ Pete and I plan to work together supporting each other on a peer to peer basis
- ▶ I plan to stay in touch with my friends and colleagues and may do bits of consultancy from time to time
- ▶ So sorry folks but you may not have seen the last of me